



Facilitated by:
D. Farai Williams

EMBODIED EQUITY RETREAT

BENT BIRCH RETREAT CENTER | LEYDEN, MA

FRIDAY, APRIL 21 - SUNDAY, APRIL 23, 2023

Are you on a self-healing and wellness journey and looking to deepen your exploration?

This three-day group retreat centers the healing of BIPOC artists and creatives. It combines **intentional affinity space & embodied exercises** in order to facilitate somatic awareness and alignment.

If you are ready to examine your embodied racialization and emerge ready to express yourself more fully, **please join us.**

Sliding scale workshop series for Black, Brown, & Indigenous Creatives
Donations accepted to defray some costs



To apply, visit:
dynamizingequity.org/retreat

Applications due:
March 24th, 2023

Notifications:
March 31st, 2023

Virtual Sessions:
Orientation:
April 14th 4-6pm
Closing:
April 28th 4-6pm

Supported by The Mayor of
Boston's Office of Arts & Culture



REVEAL. FEEL. HEAL. DEAL.

dynamizingequity.org 617-833-3254 dynamizingequity@gmail.com